



Pirlpa

*Exploring the intersection of ancient
Indigenous knowledge with contemporary
clinical practice*

Innovative cultural services delivered by Paul Jampajimpa Herbert

Pirlpa focuses on traditional Aboriginal knowledge and its relation to today's mental health services. Participants gain insights into traditional Aboriginal law, language, ceremony, Country and kinship.

Founder of Pirlpa, Paul Jampajimpa Herbert is a member of the Warlpiri Aboriginal nation from the Tanami desert region. He returned to live on Country in his early twenties, completing all cultural obligations.

Today he lives in Adelaide with his family working in forensic mental health. He holds a Masters of Narrative Therapy and Community Work through Melbourne University and has spoken at local, national and international events.

Pirlpa's key programs include:

1. Cultural Awareness Training

- Aboriginal Cultural Competence in Professional Practice (2 hours)
- Aboriginal Cultural Expertise (2 hours)
- Remote Field Trip (over 3 days)

2. Cultural Consultation & Development

How respect for Indigenous culture can increase identity, strengthen connection, build resilience and support self-determination.

3. Narrative Therapy

Innovative, culturally safe therapy led by storytelling, helping to lessen the stigma of mental health therapy. Suitable for individuals and groups.

**Paul
Jampajimpa
Herbert**

Cultural
Consultant
& Program
Facilitator





Pirlpa is named in honour of Paul's much loved and respected Grandma - may she rest in peace. Through the work of Pirlpa, Paul feels his late Grandma continues to protect and guide him. In return, she will always be loved and never forgotten.

Ancient yet modern, Pirlpa teaches in a uniquely Aboriginal way

Paul shares his knowledge using personal experiences and observations. He's lived in both worlds - traditional and mainstream - and moves seamlessly between.

This is where his training is so different to others. He teaches through emotion, insight, and awareness.

Previous participants share their voice

"Paul is a capable, knowledgeable, humble man with deep knowledge of the impact that culture has on mental health. His connection to Country is palpable and his teaching creates an intrinsic interest in students."

"Using Indigenous teaching methods and authentic content, Paul helps students develop cultural awareness. His gentle, approachable style encourages engagement."

"It's been a privilege to learn from Paul. His unique methods create a safe place to learn and understand Aboriginal ways and wisdom."

To learn more, visit the Pirlpa website or email Paul today

Contact Paul Jampajimpa Herbert

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For more information,
visit: <http://www.pirlpa.com.au>

